## Seeking Sanity LLC Privacy Policy

We collect the same basic information as many websites for the purpose of improving our services and content and for monitoring the health and safety of the website. This information may include how you found our site, the pages visited, the time and duration of the site visit, and broad geolocation information. In addition, you may be asked to provide your name and email to access certain content or receive information from us. We will never sell, rent or disclose any of the information provided to us unless required to do so by law.